

## CURRICULUM VITAE

NAME: **Marilyn "Marty" Kuhel Douglas, PhD, RN, FAAN**

TITLE: Full Clinical Professor - Volunteer  
University of California, San Francisco

ADDRESS: 360 Maclane Street  
Palo Alto, California 94306  
U.S.A>

Email: [martydoug3@gmail.com](mailto:martydoug3@gmail.com)

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(650) 440-8568 (cell)

RN LICENSE: California 292259

### EDUCATION:

- 1989 **Doctor of Philosophy (PhD)**  
University of California, San Francisco (Major: International & Cross Cultural Nursing)
- 1975 **Master of Science in Nursing (M.S.N.)**  
Catholic University of America, Washington, DC (Major: Cardiovascular Nursing)
- 1968 **Bachelor of Science in Nursing (B.S.N.)**  
Ohio State University, Columbus, Ohio (Major: Nursing)

### LICENSES, CERTIFICATION

- 1968 - 72 Ohio R.N. License: 106940
- 1973 - 77 District of Columbia R.N. License: 32508
- 1975 - 97 Basic Cardiac Life Support (B.C.L.S.) Instructor: American Heart Assoc.
- 1981 - 97 Advanced Cardiac Life Support (A.C.L.S.) Instructor: American Heart Assoc.
- 1982 - 86 B.C.L.S. and A.C.L.S. Instructor-Trainer: American Heart Association
- 1978 - now California R.N. License: 292259
- 1980 - now California Community College Instructor Credential (Number 221868)
- 1980 - 2000 CCRN: American Association of Critical Care Nurses

### FACULTY AND CLINICAL POSITIONS:

- 5/17 – present **FULL CLINICAL PROFESSOR** - Volunteer  
School of Nursing, Department of Physiological Nursing  
University of California, San Francisco, San Francisco, California
- 11/06 – 5/17 **ASSOCIATE CLINICAL PROFESSOR** (Non-salaried)  
School of Nursing, Department of Physiological Nursing  
University of California, San Francisco, San Francisco, California
- 2/97 – 2/07 **ASSOCIATE CHIEF OF NURSING SERVICE FOR RESEARCH, (retired)**  
Department of Nursing Services (118-PAD)  
Veterans' Affairs Palo Alto Health Care System, Palo Alto, California
- 6/1/92 – 11/06 **ASSISTANT CLINICAL PROFESSOR** (Non-salaried)  
School of Nursing, Department of Physiological Nursing  
University of California, San Francisco, San Francisco, California
- 9/1/98 – 9/00 **ADJUNCT PROFESSOR**  
Center for International Nursing, School of Nursing  
Duquesne University, Pittsburgh, Pennsylvania
- 10/95 - 2/97 **NURSE RESEARCHER (.5) / CLINICAL NURSE SPECIALIST (.5)**  
Department of Nursing Services (118-PAD)  
Veterans' Affairs Palo Alto Health Care System, Palo Alto, California

- 10/92-2/97      **CLINICAL NURSE SPECIALIST**  
 MEDICAL INTENSIVE CARE UNIT (MICU)/CORONARY CARE UNIT (CCU)  
 Veterans' Affairs Palo Alto Health Care System, Palo Alto, California
- 10/89-6/92      **ASSISTANT RESEARCH NURSE (Project Director)**  
 "Nurse-Coached Practice for the Relief of Dyspnea" (NIH # RO1 NR0213-01)  
 Department of Physiological Nursing/School of Nursing  
 University of California, San Francisco, San Francisco, California
- 1/81-5/88      **CLINICAL NURSE SPECIALIST, CRITICAL CARE**  
 (CORONARY CARE UNIT/CARDIAC SURVEILLANCE UNIT)  
 and CPR COORDINATOR, Department of Nursing  
 Stanford University Medical Center, Stanford, California
- 6/79-1/81      **CLINICAL NURSE SPECIALIST /CRITICAL CARE**  
 (CARDIOVASCULAR SURGERY ICU, MICU, SICU)  
 Department of Nursing, Stanford University Medical Center, Stanford, California
- 9/78-6/79      **LECTURER**  
 School of Nursing, Department of Physiological Nursing  
 University of California, San Francisco, San Francisco, California
- 6/75-8/77      **CARDIOVASCULAR CLINICAL NURSE SPECIALIST**  
 Greater Southeast Community Hospital, Washington, D.C.
- 1/73-2/75      **STAFF NURSE (ICU) to NURSE CLINICIAN III**  
 George Washington University Hospital, Washington, D.C
- 3/70-6/72      **U.S. PEACE CORPS** - Washington, D.C. (Assignment: Colombia, South America)
- (6/70-4/71)      -- **HEAD NURSE, INTENSIVE CARE UNITS**  
                             *Clínica Shaio, Bogotá, Colombia*
- (4/71-6/72)      -- **HEAD NURSE, INTENSIVE CARE UNIT**  
                             *Hospitál Universidad del Valle, Cali, Colombia*
- 6/68-2/70      **STAFF NURSE, CARDIAC CATHERIZATION LAB**  
 Ohio State University Hospital, Columbus, Ohio

**PUBLICATIONS:**

**Editorships:**

- Shinn, J. A., **Douglas, M. K.**, Underhill, S. L., & (Eds.). Progress in Cardiovascular Nursing (quarterly journal). Charter Co-Editor, 3/85-2/90.
- Douglas, M.K. (Editor-in Chief). Journal of Transcultural Nursing. Thousand Oaks, CA: Sage Publications (quarterly journal) 10/1997 – 12/2013.

**Books:**

- Douglas, M. K. & Shinn, J. A. (Eds.). (1985). Advances in Cardiovascular Nursing. Rockville, MD: Aspen Systems Corporation.
- Douglas, M.K. and Pacquiao, D.F. (Eds.). (2010). Core Curriculum in Transcultural Nursing and Health. Thousand Oaks, CA: Sage Publications, Inc.
- Douglas, M.K., Pacquiao, D.F., & Purnell, L. (Eds.) (2018). Global Applications of Culturally Competent Health Care: Guidelines for Practice. Cham, Switzerland: Springer International Publishing AG. ISBN 978-3-319-69331-6. <http://doi.org/10.1007/978-3-319-69332-3>
- Pacquiao, D.F. and **Douglas, M.K.** (Eds.) (2019). Social Pathways to Health Vulnerability. Cham, Switzerland: Springer International Publishing AG. ISBN 978-3-319-93325-2. <http://doi.org/10.1007/978-3-319-93326-9>.

**Chapters:**

- Douglas, M. K. (1985). The use of electrophysiologic studies in the management of recurrent ventricular tachyarrhythmias. In M. K. Douglas and J. A. Shinn (Eds.). Advances in Cardiovascular Nursing. Rockville, MD: Aspen Systems Corporation, (pp.17-35).

- Douglas, M. K. (1991) Pain in the patient with acute myocardial ischemia. In K. Puntillo (Ed.). Pain Control in the Critically Ill. (pp. 175-192). Rockville MD: Aspen Systems Corporation.
- Douglas, M. K. (1991) Cultural diversity in the response to pain. In K. Puntillo (Ed.). Pain Control in the Critically Ill, Rockville MD: Aspen Systems Corporation. (pp. 65-76).
- Douglas, M. K. (1994). Cultural Issues. In L. A. Thelan, J. K. Davie, L. D. Urden & M. E. Lough (Eds.). Textbook of Critical Care Nursing: Diagnosis and Management. (2<sup>nd</sup> ed.). St. Louis: Mosby. pp. 49-57.
- Douglas, M. K. (1998). Cultural Issues. In L. A. Thelan, J. K. Davie, L. D. Urden & M. E. Lough (Eds.). Textbook of Critical Care Nursing: Diagnosis and Management. (3<sup>rd</sup>ed.). St. Louis: Mosby. pp. 173, 628, 799, 888, 940, 953.
- Douglas, M. K. (2003). Cultural Issues. In L. A. Thelan, J. K. Davie, L. D. Urden & M. E. Lough (Eds.). Textbook of Critical Care Nursing: Diagnosis and Management. (4<sup>th</sup>ed.). St. Louis: Mosby.
- Douglas, M. (2018). Integrating Culturally Competent Strategies into Health Care Practice. In Douglas, M.K., Pacquiao, D.F., & Purnell, L. (Eds.) (2018). Global Applications of Culturally Competent Health Care: Guidelines for Practice. Cham, Switzerland: Springer International Publishing AG. Pp. 169-186.
- Purnell, L., Pacquiao, L & **Douglas, M.** (2018) Case Study: Stigmatization of a HIV+ Haitian Male. In Douglas, M.K., Pacquiao, D.F., & Purnell, L. (Eds.) (2018). Global Applications of Culturally Competent Health Care: Guidelines for Practice. Cham, Switzerland: Springer International Publishing AG. pp. 161-168.
- Douglas, M. (2018). Building an Organizational Environment of Cultural Competence. In Douglas, M.K., Pacquiao, D.F., & Purnell, L. (Eds.) (2018). Global Applications of Culturally Competent Health Care: Guidelines for Practice. Cham, Switzerland: Springer International Publishing AG. pp. 203-215.
- Douglas, M. (2018) Designing Culturally Competence Interventions Based on Evidence and Research. In Douglas, M.K., Pacquiao, D.F., & Purnell, L. (Eds.) (2018). Global Applications of Culturally Competent Health Care: Guidelines for Practice. Cham, Switzerland: Springer International Publishing AG. pp.339-360.
- Pacquiao, D.F. and Douglas, M. (2019) Practices to Address the Social Determinants of Health. In Pacquiao, D.F. and **Douglas, M.K.** (Eds.) (2019). Social Pathways to Health Vulnerability. Cham, Switzerland: Springer International Publishing AG. pp. 237-246.

### Journals

- Douglas, M. K. (1984). Transcultural Nursing Conference: Application to Practice. Nursing at Stanford, 6 (1), 8.
- Douglas, M. K. & Meleis, A. I. (1985). International Nursing: Challenges and Consequences. MOBIUS, 5 (3), 84-92.
- Douglas, M. K. (1987). Clinical Research: Response to today's economic realities. (Editorial). Progress in Cardiovascular Nursing, 2 (4):2.
- Douglas, M. K. (1989). Two Doctorates: Separate and Unequal? (Editorial) Journal of Professional Nursing, 5 (5), 292.
- Douglas, M. K., Carrieri-Kohlman, V., Gormley, J.M., & Stulbarg, M. (1992). Differentiation among components of dyspnea in exercising patients with COPD. Amer. Review of Respiratory Diseases, 145 (4), (Part 2 of 2), A766.
- Carrieri-Kohlman, V., **Douglas, M.K.**, Gormley, J. M., & Stulbarg, M. (1992). Exercise may result in greater decreases in anxiety and distress associated with dyspnea than in dyspnea intensity or perceived work of breathing. Amer. Review of Respiratory Diseases, 145 (4), (Part 2 of 2), A:765.
- Gormley, J.M., Carrieri-Kohlman, V., **Douglas, M.K.**, & Stulbarg, M. (1992). Patients with COPD increase their self-efficacy and performance during an exercise program. American Review of Respiratory Diseases, 145 (4), Part 2 of 2), A:477.
- Carrieri-Kohlman, V., **Douglas, M.K.**, Gormley, J. M. & Stulbarg, M. (1993). Desensitization and guided mastery: Treatment approaches for the management of dyspnea. Heart & Lung, 22 (3), 226-234.
- Gormley, J. M., Carrieri-Kohlman, V., **Douglas, M. K.**, & Stulbarg, M. (1993). Treadmill Self-Efficacy and Walking Performance in Patients with COPD. Journal of Cardiopulmonary Rehabilitation, 13, 424-31.
- Larson, P. J., Carrieri-Kohlman, V., Dodd, M. J., **Douglas, M. K.**, Faucett, J. Froelicher, E.S., Gortner, S. R., Halliburton, P., Janson, S., Lee, K. A., Miaskowski, C., Savedra, M. C., Stotts, N. A., Taylor, D. & Underwood, P., (1994). A Model for Symptom Management. Image, 26(4), 272-276.

- Meleis, A. I., **Douglas, M. K.**, Eribes, C., Shih, F. & Messias, D. K. (1996). Employed Mexican women as mothers and partners: Valued, empowered and overloaded. Journal of Advanced Nursing, 23, 82-90.
- Carrieri-Kohlman, V., Gormley, J., **Douglas, M.K.**, Paul, S., Stulbarg, M. (1996). Patients with Chronic Obstructive Pulmonary Disease can differentiate between sensory and affective dyspnea during exercise. Western Journal of Nursing Research, 18, 626-42.
- Douglas, M. K., Meleis, A. I., Eribes, C., & Kim, S. (1996). The Work of Auxiliary Nurses in Mexico: Stressors, Satisfiers, and Coping Strategies. International Journal of Nursing Studies, 33 (6), 495-505.
- Carrieri-Kohlman, V., Gormley, J., **Douglas, M.K.**, Paul, S., Stulbarg, M. (1996). Exercise training decreases dyspnea and the distress and anxiety associated with it: Monitoring alone may be as effective as coaching. Chest, 110 (6), 1526-1535.
- Dirks, J. L. & **Douglas, M.K.** (1997). Prioritizing competencies: Increasing nurse satisfaction with competency testing. Recruitment, Retention & Restructuring Report, 10 (1), 1-3.
- Douglas, M. K., Meleis, A.I. & Paul, S. M. (1997) Auxiliary Nurses in Mexico: Impact of multiple roles on their health. Health Care for Women International, 18, 355-367.
- Douglas, M. K. (1999). "Ethnic Cleaning:" The Ultimate Tragedy of Intolerance. Journal of Transcultural Nursing, 10 (2), 93.
- Douglas, M. K. (1999). "Pain as the Fifth Vital Sign: Will Cultural Variations be Considered. Journal of Transcultural Nursing, 10 (4), 285.
- Douglas, M. K. (2000). The Effect of Globalization on Health Care: A Double-Edged Sword. Journal of Transcultural Nursing, 11 (2), 85-86.
- Douglas, M. K. (2000). The Time Has Come for Interventional Studies in Transcultural Nursing and Health Care. Journal of Transcultural Nursing, 11 (4), 245.
- Douglas, M. K. (2002). On the Drafting of Standards for Transcultural Nursing Practice. Journal of Transcultural Nursing, 13 (1), 5.
- Douglas, M. K. (2002). Developing Frameworks for Providing Culturally Competent Health Care. Journal of Transcultural Nursing, 13 (3), 177.
- Douglas, M. K. (2003). Qualitative vs. Quantitative methodologies: And never the twain shall meet? Journal of Transcultural Nursing, 14 (2), 89.
- Davidson, P. M., Meleis, A.I., Daly, J, **Douglas, M.K.** (2003). Globalization as we enter the 21<sup>st</sup> century: Reflections and directions for nursing education, science, research and clinical practice. Contemporary Nurse, 15 (3), 161-174.
- Gold, J., **Douglas, M.**, Thomas, M., Elliott, J., Rao, S., & Miaskowski, C. (2005) Pain and Post-Traumatic Stress in Adults Treated for Cancer. Journal of Pain. 6, (3), Suppl. 1, March, 2005, p. S78.
- O'Leary-Kelley, C. M., Puntillo, K. A., Barr, J., Stotts, N., & **Douglas, M. K.** (2005) Nutritional Adequacy in Patients Receiving Mechanical Ventilation Who Are Fed Enterally. American Journal of Critical Care. 14 (3). May, 2005. pp. 222-231.
- Douglas, M.K. & Lipson, J.L. (2008). Transcultural Nursing: The Global Agenda. Contemporary Nurse. 28 (1-2), pp. 162-164.
- Fahey, K., Rao, S. **Douglas, M.K.**, Thomas, M.L. Elliott, J.E. & Miaskowski, C. (2008). Nurse Coaching to Explore and Modify Patient Attitudinal Barriers Interfering With Effective Cancer Pain Management. Oncology Nursing Forum. 35 (2), 233-240.
- Douglas, M.K., Pierce, J. U., Rosenkoetter, M., Callister, L.C., Hattar-Pollara, M., Lauderdale, J., Miller, J., Milstead, J. Nardi, D., Pacquiao, D.F., (2009). Standards of Practice for Culturally Competent Nursing Care: A Call for Comments. Journal of Transcultural Nursing, 20 (3), 257-277.
- Faris, J.A., **Douglas, M.K.**, Maples, D.C, Berg, L.R. & Thraillkill, A. (2010). Job Satisfaction of Advanced Practice Nurses in the Veterans Health Administration, Journal of the American Academy of Nurse Practitioners. 22. 35-44.
- Douglas, M.K., Pierce, J. U., Rosenkoetter, Pacquiao, D.F., Callister, L.C., Hattar-Pollara, M., Lauderdale, J., Milstead, J. Nardi, D., Purnell, L. (2011). Standards of Practice for Culturally Competent Nursing Care: 2011 Update. Journal of Transcultural Nursing. 22 (4), 317-333.
- Park, S. K., Stotts, N. A., **Douglas, M. K.**, Donesky-Cuenca, D., & Carrieri-Kohlman, V. (2012, MAY/JUNE). Symptoms and functional performance in Korean immigrants with asthma or chronic obstructive pulmonary disease. Heart & Lung, 41(3), 226-237. doi:10.1016/j.hrtng.2011.09.014.
- Gold, J. I., **Douglas, M.K.**, Thomas, M.L., Elliott, J.E., Rao, S., Miaskowski, C. (2012). The Relationship Between Posttraumatic Stress Disorder, Mood States, Functional Status, and Quality of Life in

- Oncology Outpatients. *Journal of Pain and Symptom Management*. 44 (4), 520-531.  
doi:10.1016/j.jpainsymman.2011.10.014.
- Douglas, M.K., Rosenkoetter, M., Pacquiao, D.F., Callister, L.C., Hattar-Pollara, M., Lauderdale, J, Milstead, J., Nardi, D., Purnell, L. (2013) *Standard della pratica per un' assistenzia infermierista culturalmente competente: Aggiornato al 2011* (Standards of practice for culturally competent nursing care: 2011 Update). *Salute e Societa'; Scenari pluarli dell' assistenza infermieristica*. XII, no. 3, pp 33-66.
- Park, S.K., **Douglas, M.K.**, & Carrieri-Kohlman, V. (2014) Dyspnea Coping Strategies in Korean Immigrants with Asthma or Chronic Obstructive Pulmonary Disease. *Journal of Transcultural Nursing*, 25 (1).
- Douglas, M.K., Rosenkoetter, M., Pacquiao, D.F., Callister, L.C., Hattar-Pollara, M., Lauderdale, J, Milstead, J., Nardi, D., Purnell, L. (2014), Guidelines for Implementing Culturally Competent Nursing Care. *Journal of Transcultural Nursing*. 25 (2) pp. 109-121. (April, 2014)
- Marion, L., **Douglas, M.K.**, Lavin, M.A., Barr, N., Gazaway, S., Thomas, L., and Bickford, C. (2017) Implementation the New ANA Standard 8: Culturally Competent Practice. *OJIN: The On-Line Journal of Nursing Issues*. 22 (1), Jan.2017.

### Video

- Douglas, MK, Richardson, J., Pham, HV, Brockie, T, Napier-Tibere, B, & Gritts, R. (2002). *Developing Cultural Competence*. Communication (Vol. 4). The Home Care Companion Video Collection. Medford, Oregon: Healing Arts Communications: Health Care Training Systems, Inc.

### Dissertation

- Douglas, M. K. (1990). *Physiologic and Behavioral Responses to Acute Myocardial Ischemic Pain in Mexican Male Patients*. Dissertation Number 90-08978. Ann Arbor, U.M.I. (Univ. Microfilms Internat'l).

### **FUNDED RESEARCH PROJECTS (ONLY MOST RECENT PROJECTS LISTED, SINCE 2000):**

1. ***Women's Responses to Angina: A Comparative Study in Five Countries*** (funded by University of California Pacific Rim grant) (7/99 -6/01) \$31,000 Year 1; \$33,000 Year 2
2. ***Improving Cancer Pain Management Using AHCPR Cancer Pain Guidelines*** (funded by Veterans Health Administration HSR&D NRI-97-026) (3/01/00 – 12/31/04) \$115,358 direct/yr 1; \$666,850 direct/yrs 1-4
3. ***Measurement of Pain in Patients with Severe Dementia*** (4/05 – 4/07) (indirect funding by the VA).
4. ***Job Satisfaction of Advanced Practice Nurses Employed by the Veterans Health Administration (VHA)***. (12/03 – 12/06) (indirect funding by the VA)

### **INVITED EXTRAMURAL LECTURES/ABSTRACTS**

- |                    |   |
|--------------------|---|
| Sept. 10, 1981     | "Cardiopulmonary Bypass: Implications for Post-Operative Care"<br>Cardiovascular Nursing in the 80's/San Francisco                    |
| Sept. 7, 1982      | "Electrophysiology Studies (EPS) for Complex Arrhythmias"<br>Cardiovascular Nursing in the 80's/San Francisco                         |
| Sept. 7, 1983      | "Management of the Patient with Recurrent Ventricular Tachyarrhythmias"<br>Cardiovascular Nursing in the 80's/San Francisco           |
| July 16 - 20, 1984 | "Cardiovascular Critical Care Nursing" (in Spanish)<br>(48 hour continuing education course)<br>Hospital Espanol: Mexico City, MEXICO |

- July 23 - 27,  
1984 "Cardiovascular Critical Care Nursing" (in Spanish)  
(48 hour continuing education course)  
Universidad de Nuevo Leon: Monterrey, MEXICO
- Aug 13 - 18,  
1984 "Cardiovascular Critical Care Nursing" (in Spanish)  
(48 hour continuing education course)  
Universidad de Guanajuato: Leon, MEXICO
- Aug 20 - 25,  
1984 "Cardiovascular Critical Care Nursing" (in Spanish)  
(48 hour continuing education course)  
Mexican Nurses Association: Guadalajara, MEXICO
- Sept 4, 1985 "Radionuclide Assessment of Left Ventricular Function."  
Cardiovascular Nursing in the 80's/San Francisco
- Nov 6, 1985 "Automatic Implantable Cardiac Defibrillator: Nursing Implications"  
Mainstreams of Critical Care: San Francisco
- Feb 5, 1986 "Cross Cultural Issues in the Care of the Cardiac Patient"  
Annual Nursing Education Program, Santa Clara Heart Association  
San Jose, California
- July 14-19,  
1986 "Cardiovascular Critical Care Nursing" (in Spanish)  
(48 hour continuing education program)  
Universidad de Nuevo Leon: Monterrey, Mexico
- Sept 4, 1986 "Trouble-Shooting AV Sequential Pacemakers"  
Cardiovascular Nursing in the 80's/San Francisco
- April 29, 1987 "Conducting International Research: The Enduring Challenge" (Poster)  
12th Annual Nursing Research Conference  
Western Institute of Nursing: Tempe, Arizona.
- Dec 3, 1987 "Cultural Variations in the Response to Pain" in Pain: Integrating Nursing  
Assessment (C.E. course) University of California, San Francisco
- Sept 5 -23,  
1988 "Concepts of Cardiovascular Nursing" (in Spanish)  
(15-hour continuing education course)  
Instituto Nacional de Cardiología: México City, MEXICO.
- Sept 26-28,  
1988 "Advanced Electrocardiographic Interpretation" (in Spanish)  
(24 hour continuing education course)  
Universidad de Nuevo Leon: Monterrey, MEXICO.
- Sept 30, 1988 "Cultural Issues in the Care of the Cardiac Patient"  
at 18th Annual Symposium of the Texas Heart Institute, Houston, Texas
- Nov 4, 1988 "Cardiovascular Nursing" (8 hour C.E. course)  
Veterans Affairs Medical Center/Palo Alto, CA
- Feb 10, 1989 "Cardiovascular Nursing" (8 hour C.E. course)  
Veterans Affairs Medical Center/Palo Alto, CA
- May 3, 1989 "Pain Responses in Mexican Patients - Preliminary Findings" (Poster)  
The 22nd Annual Communicating Nursing Research Conference,  
Western Society for Research in Nursing (WICHEN); San Diego, CA

- Sept 28, 1990 "Pain Responses in Mexican Patients" (Research paper)  
16th Annual Transcultural Nursing Society Conference  
Seattle, Washington
- April 5, 1991 "How Cultural Beliefs Affect Health Behavior" (panelist).  
Intercultural Resources Forum, Santa Clara, CA
- April 12, 1991 "The Patient with Medical/Surgical Cardiovascular Disease" (8 hr)  
Veterans Affairs Medical Center/Palo Alto, CA
- May 10, 1991 "Conducting Research in Mexico/Results of One Study on Pain Behaviors."  
4th Annual Hispanic Nursing Symposium. Univ. of CA, San Francisco
- Sept 5, 1991 "Working with the International Patient: Evaluation of Transcultural  
Issues in the Cardiovascular Patient"  
Stanford University Hospital National Symposium on Cardiovascular  
Nursing. San Francisco, California.
- Sept 19, 1991 "International Nursing: Challenges and Consequences." (Keynote Address)  
and "Cultural Meanings of Health and Illness."  
@ 1st Worldwide Confederation of *Interplants* (Volunteer organization  
performing reconstructive surgery in developing nations). Palo Alto, CA
- Oct 23, 1991 "Cross Cultural Assessment of Pain Behaviors." (Poster) American  
Nurses Association, Council of Nurse Researchers 1991 International  
Conference "Nursing Research: Global Health Perspectives." Los Angeles, CA
- May 18, 1992 "Patients with COPD increase their Self-Efficacy and Performance during  
an Exercise Program" (Poster) at 1992 International Conference of the  
American Thoracic Society. Miami Beach, FLA.
- May 20, 1992 "Differentiation among Components of Dyspnea in Exercising Patients  
with COPD." (Poster) at 1992 International Conference of the American  
Thoracic Society. Miami Beach, FLA
- May 20, 1992 "Exercise may Result in Greater Increases in Anxiety and Distress  
associated with Dyspnea than in Dyspnea Intensity or Perceived work of  
Breathing." (Poster) at 1992 International Conference of the American  
Thoracic Society. Miami Beach, FLA.
- May 25, 1992 "Acute Myocardial Ischemic Pain Responses in Mexican Male Patients."  
(Poster). XIV InterAmerican Congress of Cardiology. Orlando, FLA.
- August 27, 1992 "Roles and Health: Women in Low Income Jobs in Mexico" (Research  
Paper). 5th International Congress on Women's Health Issues:  
"Environment, Daily Life and Health: Women's Strategies"  
COPENHAGEN, DENMARK
- October 2, 1992 "Acute Myocardial Ischemic Pain Responses in Mexican Patients"  
(Research Paper). Japanese Academy of Nursing Science  
1st International Nursing Research Conference. TOKYO, JAPAN
- Dec 3-5, 1992 "Nursing Assessment of the Adult Patient requiring Valvuloplasty"  
"Hemodynamic Profile of the Patient with Valvular Heart Disease"  
"Nursing Care of Patient with Valvular Heart Disease"  
"Nursing Care of the Patient requiring Anticoagulation Therapy"  
"Valvuloplasty: Future Directions"  
"Cardiac Transplantation" (all lectures delivered in Spanish)

- XXIX Congress of the Society of Cardiology & Cardiovascular Surgery/  
Chilean Society of Cardiology & Cardiovascular Surgery Nurses.  
LA SERENA, CHILE
- June 21, 1993 "Auxiliary Nurses in Mexico: Role Integration & Health" (Research Paper) Sigma Theta Tau International Nursing Research Congress, MADRID, SPAIN.
- June 29, 1993 "Ethics in Cross Cultural Research: Maintaining the Integrity of the Data." The 4th International Scientific Nursing Congress of the Faculty of Nursing, at the University of Alexandria, ALEXANDRIA, EGYPT.
- Sept. 21, 1993 "Qualitative Research Methodologies: Barriers to Access" The 19th Annual Transcultural Nursing Society Conference. Flagstaff, AZ.
- Oct 23, 1993 "Health Opportunities Overseas" National Council for International Health Seminar at Annual Conference of American Public Health Association. San Francisco, CA
- March 17, 1994 "Cultural Aspects of Pain Management" California Pacific Medical Center Nursing Education Program. San Francisco, CA
- June 8, 1994 "Nursing's Response to the AIDS/HIV Epidemic in the U.S." Chinese Nurses' Association's International Nursing Academic Conference. BEIJING, CHINA
- June 21, 1994 "Current Therapies for the Treatment of Acute Myocardial Infarction"  
"Nursing's Response to the AIDS/HIV Epidemic in the U.S."  
Chinese Nurses' Association: Continuing Nursing Education Program.  
Peoples' Hospital #6, SHANGHAI, CHINA
- December 6-9, 1995 "Cardiovascular Disease in Women" (Keynote address)  
"Levels of Nursing Care in Cardiovascular Disease: Coronary Care Nrsng"  
"Epidemiology of Cardiovascular Disease in U.S. Women"  
"Congestive Heart Failure: Pharmacologic and Non-Pharmacologic Tx "  
"Patient Education: The Post-Myocardial Infarction Patient"  
"Influence of Science & Technology on Cardiovascular Nursing's role"  
[All lectures delivered in Spanish]  
XV Inter-American Congress of Cardiology: Nursing Council Sessions.  
SANTIAGO, CHILE
- April 29, 1996 "Ethics in Critical Care: Cultural Diversity and End-of Life Decisions"  
Stanford University Medical Center, Dept. of Nursing Services  
Stanford, CA
- May 19-23, 1997 "The Research Process"  
"Developing a Quality Management Program"  
"Establishing a System of Competency testing"  
"Professional and Technical Writing"  
"Development of Professional Standards of Nursing Practice"  
[All lectures delivered in Spanish]  
Nicaraguan Ministry of Health Leadership & Development Course for Nurses  
(Coordinated by Duquesne University Center for International Nursing)  
MANAGUA, NICARAGUA
- Oct 29-Nov 6, 1997 "Teaching Strategies for Community Health Workers"  
(Coordinated by Duquesne University Center for International Nursing)  
CHULUCANUS, PERU



- Nov. 18, 1997 "Gender & Ethnic Differences in the Response to Anginal Pain: Preliminary Findings" UCSF Stanford Health Care Program: *Advances in Clinical Practice through Nursing Research*, San Francisco, California
- Nov. 20, 1997 "Cultural Diversity in the High-Risk Population in the Community" (3 hour class) Graduate Division, School of Nursing, San Jose State University
- June 23, 1998 "Gender and Ethnic Differences in the Response to Pain" 9<sup>th</sup> International Congress on Women's Health, Alexandria, EGYPT
- Nov 1 - 13, 1998 "Teaching Strategies for Community Health Nurses: Part II. Evaluation of Community Health Assessment and Education Program" (1 week course) "Health Promotion, Treatment and Maintenance for Community Health Volunteers." (1-week course). (Coordinated by Duquesne University Center for International Nursing) CHULUCANUS, PERU [in Spanish].
- Aug 2 – 6, 1999 "International Nursing Care Seminar: Challenges for Nursing in the New Millennium"  
 1) Keynote: "The International and Transcultural Nursing Perspective of the Practice of Nursing". [in Spanish]  
 2) "Care as the Essence of Nursing in a High-Tech Environment." [in Spanish]  
 3) "Implementing Transcultural Concepts within Cardiovascular Nursing Practice." [in Spanish].  
 Universidad Nacional de Colombia, Faculty of Nursing. Bogotá, COLOMBIA.
- Oct. 7, 1999 "Writers' Workshop" presented at the "25<sup>th</sup> Annual Transcultural Nursing Society Research Conference" (Snowbird, Utah).
- Feb. 17, 2000 "Writers' Workshop" presented at the "3<sup>rd</sup> Annual Southern Regional Transcultural Nursing Society Conference" (Savannah, Georgia).
- Mar 30, 2000 "Cultural Issues in Death and Dying." VA Women Chaplains National Conference, VA Palo Alto health Care System, Palo Alto, CA.
- April 4, 2000 "Culturally Sensitive Care for the Cardiac Patient" 18<sup>th</sup> Annual Scientific Sessions for Cardiovascular Nursing. Santa Clara County Heart Association, San Jose, CA
- Jun 22-23, 2000 Visiting Scholar: University of Alicante, School of Nursing  
 1) "*La Bioética y los Cuidados de Enfermería en el Fin de la Vida*" [Bioethics and Nursing Care at End of Life]  
 2) "*El Dolor Precordial en las Mujeres desde la Perspectiva Transcultural*" [Symptoms of Women with Angina: A Transcultural perspective]  
 3) "*Enfermería Transcultural: Definiciones y Práctica*" [Transcultural Nursing: Definitions and Practice]  
 Alicante, SPAIN
- July 14, 2000 "An Approach to Evidence-Based Practice" Promoting Quality Nursing Care Through Evidence-Based Practice West Los Angeles VA Health Care System.
- Sept 12, 2000 "A Primer on Evidence-Based Practice" Joint VA & Kaiser Permanente Workshop on Evidence-Based Practice. Oakland, California. (Videotaped at Kaiser's recording studio)
- Oct. 5, 2000 "Gender and Ethnic Variations in the Response to Anginal Pain" International Transcultural Nursing: Leading into the New Millennium. 26<sup>th</sup> Annual Transcultural Nursing Society Research Conference

Brisbane/Gold Coast, AUSTRALIA

- October 9, 2000 Visiting Scholar: University of Western Sydney  
1) "Life Cycle of an International Research Study on Angina: The Genesis of the SWAN study"  
2) "Evidence-Based Practice: A model for Research Utilization in the Clinical Arena"  
3) "Using Transcultural Nursing in Critical Care: Issues and Reflections"  
Cardiac Research Seminar, St. George's Medical Center  
Sydney, AUSTRALIA
- March 3, 2001 Nursing's Role in the Prevention of Cardiovascular Disease" presented at Annual Meeting of the Mexican Society of Cardiology, Mexico City, MEXICO
- March 9, 2001 "An Approach to Evidence-Based Practice". Presented at 19<sup>th</sup> Conference of the Sierra Pacific (VISN 21) Nursing Research Conference. San Francisco VA Medical Center, San Francisco, California
- August 25, 2001 Transcultural Nursing: Principles of Care for Patients with Cardiovascular Diseases. National Institute of Cardiology, Mexico City, MEXICO
- October 11, 2001 "Writers' Workshop" presented at the "27<sup>th</sup> Annual Transcultural Nursing Society Conference" Pittsburgh, Pennsylvania.
- November 20, 2001 "*Insuficiencia Coronaria en la Mujer*" [Coronary Insufficiency in Women] The "Sor Maria Guadalupe Alacoque Lecture."  
XXII National Congress of Cardiology, Cancún, MEXICO.
- Jan 28 – Feb 1, 2002 Hermitage International Visiting Scholar, University of Alberta, School of Nursing, Edmonton, Alberta, Canada  
1) "Symptoms in Women with Angina: An International Study"  
2) "Integrating Scholarship as a Criterion of Standard Clinical Practice"  
3) "The Effect of Globalization on Health Care: A Double-Edged Sword"
- May 2, 2002 "PTSD Symptoms, Quality of Life, and Functional Status in Adults Treated for Cancer". UCSF Stanford Patient Care Services Research Day (Poster presentation)
- June 27, 2002 SYMPOSIUM: Symptoms of Women with Angina (SWAN): An International Collaborative Research Project. The Thirteenth International Congress on Women's Health Issues. Ewha Womans University, Seoul, KOREA.
- Oct 16, 2002 **Symptoms of Women with Angina (SWAN):** An International Collaborative Research Project. 8<sup>th</sup> Pan American Nursing Research Colloquium. Mexico City, MÉXICO.
- Nov 13, 2002 Visiting Scholar: University of Alicante, School of Nursing  
1) Introduction to Qualitative Research  
2) The Theoretical Foundations of Qualitative Research  
3) Increasing Significance of Qualitative Research  
Alicante, SPAIN
- Nov 14, 2002 "*El Cuidado a la Persona con Dolor: Matices Culturales*" [Care of the Person in Pain: Cultural Perspectives].  
II Jornadas de Cultura de los Cuidados and the IV Reunión de Investigación Cualitativa en Salud. University of Alicante, Alicante, SPAIN

- Nov 21, 2002 "Providing Culturally Congruent Health Care: Issues, Strategies and Priorities for Research". (Keynote) VI Nursing Research Congress -- European Priorities and Their Practical Impact. Madrid, SPAIN.
- June 11, 2003 "The Effect of Globalization on Nursing Practice" (Keynote) Transcultural Nursing Practice in the 21<sup>st</sup> Century. Annual Conference of the Irish Board on Nursing. DUBLIN, IRELAND
- Aug. 27, 2003 "Establishing an Evidence-Based Practice Committee in a Clinical Setting" Nurses Organization of the Veterans Affairs (NOVA) Foundation Research Seminar "Research utilization to Improve Practice". Las Vegas, Nevada.
- October 2, 2003 "Ethical Issues of Recruiting Foreign Trained Nurses". Stanford University Medical Center's Annual Cardiovascular Nursing Symposium, Redwood City, California.
- October 15, 2003 "Building an International Research Team: From Design to Implementation". Pre-conference Seminar. 29<sup>th</sup> Annual Transcultural Nursing Conference, San Antonio, Texas
- October 17, 2003 "Globalization: Its Effect on the Health and Nursing". Keynote address. 29<sup>th</sup> Annual Transcultural Nursing Conference. San Antonio, Texas.
- April 16, 2004 "Establishing Evidence-Based Practice Committee in a Clinical Setting" at Department of Veterans Affairs, Excellence through Evidence, Phoenix AZ.
- June 15, 2004 "Women and Heart Disease: A Cross Cultural Study of Symptom Management". 30<sup>th</sup> Annual Conference of the Transcultural Nursing Society, Alicante, SPAIN
- August 18, 2004 "Designing Nursing Research to Maximize Return on Investment" Veterans Health Administration 2004 Senior Management Conference, Washington, DC
- October 27, 2004 "Women & Chest Pain: Current Research Findings" Advanced Practice Nurse Conference. VA Palo Alto Health Care System, Palo Alto, CA
- October 27, 2004 "Writer's Workshop-Writing for Publications" UCSF/Stanford Research Day South San Francisco, CA
- March 2, 2005 "Improving Pain Management in Cancer Patients". 4<sup>th</sup> VA National Leadership Conference: Pain Management and End of Life Care Conference. Fort Lauderdale, Florida
- April 5, 2005 "Qualitative Research Methodologies" (Graduate Seminar) San Jose State University, School of Nursing, San Jose, CA
- May 10, 2005 "Faculty Workshop-Writing for Publications" University of Alabama, School of Nursing. Tuscaloosa, Alabama
- Nov. 29–Dec 5, 2005 Visiting Professor, American University of Beirut, Faculty of Nursing, Beirut, Lebanon (Faculty Workshop-Writing for Publications"; plus research and writing consultation with faculty researchers.
- May 9, 2006 "Job Satisfaction of Advance Practice Nurses in the VHA". 2006 Annual VA-VISN 21 Nursing Research Consortium Conference, Palo Alto, CA (Podium)
- Nov. 24-28, 2008 *Migracion Internacional de Enfermeras* (International Migration of Nurses) Taller: *Escritos Cientificos en Journales Internacionales* (Workshop: Scientific

Writing for International Journals)  
*Estandares para la Competencia Cultural en la Practica de los Profesionales de Salud* (Standards of Practice for Culturally Competent Nursing Care)  
*Metodos de Investigacion para Abordar la Cultura y la Salud* (Qualitative Research Methods for Investigating Cultural Phenomena)  
 II International Meeting of the Cultural Health Care Network, and  
 III International Seminar on Cultural Health Care, jointly sponsored by the Schools of Nursing of the Universidad Nacional de Colombia and the Universidad Javeriana, BOGOTÁ, **COLOMBIA**

- June 3 – 5, 2013 “Standards of Practice for Culturally Competent Nursing Care” (Keynote)  
 “Transcultural Nursing Research Agenda: Identifying Priorities for Future Research in Transcultural Nursing”  
 “Writing for Publications- A Faculty Workshop”  
 II National Transcultural Nursing Congress,  
 Akdeniz University, Faculty of Nursing, Antalya, **TURKEY**  
 (lectures prepared by M. Douglas but presented by Dr. Marianne Hattar-Pollara due to M. Douglas’s unanticipated surgery)
- Sept.26, 2014 & March 6, 2015 “Writing for Publications - for Faculty & Students”. California State University, Nursing Department, Turlock, California Parts 1 & 2
- March 24, 2015 Gannett Foundation Award Lecture Diversity, Inclusion & Sustainability In Nursing Education. American Association of Colleges of Nursing (AACN) Spring Annual Meeting, Washington, DC
- May 10, 2016 “Culturally Congruent Care: Why Diversity makes a Difference” American Nurses Association National Nurses Day Webinar presentation. Silver Spring, Maryland.
- Nov. 4, 2016 “Writing for Professional Publications: How Do I Get My Manuscript Published?” Pre-Conference dinner lecture, Augusta University School of Nursing, Augusta, Georgia.
- Nov. 5, 2016 “Standards of Practice: Where is the Evidence?” Keynote address for the Beta Omicron Chapter of Sigma Theta Tau International 2016 Evidence –Based Practice Conference titled *Using Diversity and Inclusion Standards of Evidence-Based Practice to Improve Patient Care*. Health Sciences campus, Augusta University, Augusta Georgia

## **EDITORIAL ACTIVITIES**

- 1985-90 *Progress in Cardiovascular Nursing*: Charter **Co-Editor**  
 1990-07 *Progress in Cardiovascular Nursing*: Editorial Board member & Peer Reviewer  
 1992-99 *Heart and Lung*: Peer Reviewer  
 1994-98 *Journal of Transcultural Nursing*: Editorial Board member & Peer Reviewer  
 1994-98 *American Journal of Critical Care*: Peer Reviewer  
 1997-now *Journal of Scholarly Inquiry*: Peer Reviewer  
 1997-13 *Journal of Transcultural Nursing*: **Editor-in-Chief**  
 2014-now *Journal of Transcultural Nursing*, Peer Reviewer  
 2014-now *Nursing Outlook*: Peer Reviewer  
 2016-now *Japanese Journal of Nursing Science*: Peer Reviewer  
 2017-now *Critical Care Nurse*: Peer Reviewer  
 2018-now *Canadian Journal of Diabetes*: Peer Reviewer  
 2019-now *Western Journal of Nursing Research*-Peer Reviewer

**MISCELLANEOUS PROFESSIONAL ACTIVITIES**

1994-2000      Nursing Network for Latin America (Monterrey, Mexico): Consultant  
 5/95 & 7/97      National Council of State Boards of Nursing, Inc.: NCLEX item-writer  
 1996-1999      Association of Critical Care Nurses of Spain: Research & Educ. Consultant  
 1995-2007      Stanford University Human Subjects Committee (IRB) – Non-medical panel member  
 2004-2007      VA Health Services Research & Development/ Scientific Merit Review Board, Reviewer

**CERTIFICATIONS**

1980-2000      CCRN: (Board Certified Critical Care Nurse) American Association of Critical Care Nurses  
 1975-1997      Basic Cardiac Life Support (B.C.L.S.) Instructor: American Heart Assoc.  
 1981-1997      Advanced Cardiac Life Support (A.C.L.S.) Instructor: American Heart Assoc.  
 1982-1986      B.C.L.S. and A.C.L.S. Instructor-Trainer: American Heart Association  
 2012-present    Adult and Pediatric CPR/AED (American Red Cross)

**PROFESSIONAL ORGANIZATIONS**

1974-00      American Heart Association (AHA) Council of Cardiovascular Nursing  
 1975-77      American Heart Association (AHA): Nation's Capital Chapter (Wash., D.C.)  
                     (Nursing Education & Research Committee)  
 1975-07      American Association of Critical Care Nurses  
 1978-86      American Heart Association/San Francisco Chapter  
                     (Nursing Education Committee: 1978-1979)  
 1979-85      American Association of Critical Care Nurses (Mid-Peninsula Chapter)  
 1979-89      American Heart Assoc./Santa Clara County Chapter  
                     (BCLS Faculty Committee: 1982-1985)  
 1981-present    Transcultural Nursing Society:  
                     (Regional Liaison: 1982-1992)  
                     (Treasurer: 1990-1992)  
                     (President-Elect: 1993)  
                     (President: 1994-1996)  
                     (Immediate Past President: 1997)  
                     (Editor in Chief: Journal of Transcultural Nursing: 1997-2013  
                     (Member: Transcultural Nursing Certification Task Force- 2003-06)  
 1982-95      California Nurses Association, District 10  
 1983-89      American Anthropology Association: Council on Nursing and Anthropology  
 1984-92      National Council of International Health  
 1987-92      Nursing Pain Association (Secretary/Treasurer: 1988 and 1989)  
 1988-present    Sigma Theta Tau, National Honor Society  
 1989-92      American Nurses' Association, Council of Nurse Researchers  
 1991-95      American Nurses' Association, Council of Cultural Diversity in Nursing  
 1993-95      InterAmerican Congress of Cardiology: International Advisory Committee  
 1995-96      Arizona Nurses Association  
 1996-present    American Nurses Association/California  
                     (Board of trustees: 1998-2000)  
 1998-present    American Academy of Nursing  
                     Expert Panel on Cultural Diversity-1998)  
                     Expert Panel on Global Health and Nursing-2000-present)  
                     (Co-chair, Task Force on Standards for Culturally Competent Nursing Care  
                     Standards-2005-2007)  
                     (Chair, Task Force on Standards for Culturally Competent Nursing Care  
                     Standards-2007-2015)  
 2000-2007      Council of Science Editors  
 2002-2007      American Pain Society

2015-2016 American Nurses Association  
2014-2015 Nursing Scope and Standards Revision Workgroup

## **HONORS**

1985 & 92 Transcultural Nursing Society, Certificate of Appreciation  
1986 Who's Who in American Nursing  
1987 "The Beyond War Award" for U.S. Peace Corps service  
1989 Sigma Theta Tau scholarship  
1989 Who's Who of Women Executives  
1989 2000 Notable American Women  
1990 The World's Who's Who of Women  
1990 International Directory of Distinguished Leadership /  
Outstanding Contribution to Nursing Profession  
1992 International Who's Who of Professional and Business Women.  
1996 Leininger Award - for contributions to the field of Transcultural Nursing  
1997 Woman of the Year-1997 (American Biographical Institute)  
1998 Career Development Research Award-1998; presented by Transcultural Nursing Society  
1998-present Fellow, American Academy of Nursing  
1998 Millennium Hall of Fame, Premier Edition (American Biographical Institute)  
1998 International Who's Who of Twentieth Century Achievement  
1998 Woman of the Year – 1999 (American Biographical Institute, Inc)  
2000 Who's Who in the 21<sup>st</sup> Century (International Biographical Centre, Cambridge, England)  
2004 Transcultural Scholar (awarded by the Transcultural Nursing Society)  
2010 The Hippocrates Award for Medicine (American Biographical Institute, Inc)  
2013 Emergency Services Volunteer of 2013 – commendation Award by the Palo Alto-Stanford  
Citizen Corps Council  
2015 2015 *Nurse.com*/Gannett Foundation Lectureship Award for Diversity, Inclusion, and  
Sustainability in Nursing Education (awarded by the American Association of Colleges of  
Nursing (AACN))  
2019 Emergency Services Volunteer-Challenge Coin Award for Community Service awarded  
by the City of Palo Alto (August 29, 2019)

## **PROFESSIONAL LICENSES**

California R.N. License: 292259 (Active)  
District of Columbia R.N. License: 32508 (inactive)  
Ohio R.N. License: 106940 (inactive)

## **CREDENTIALS**

California Community College Instructor Credential (Number 221868)

## **FOREIGN LANGUAGES**

Spanish: Fluent in speaking and reading, less proficient in writing.